



**Curriculum Overview – Health and Fitness (Year 9)**

Year	Overview	Autumn 1 (Weeks 1 – 7)	Autumn 2 (Weeks 8 – 14)	Spring 1 (Weeks 15 - 20)	Spring 2 (Weeks 21 - 26)	Summer 1 (Weeks 27 - 32)	Summer 2 (Weeks 33 - 38)	Student Resources
9	Students will sample what it is like to become an effective sports leader by taking part in aspects of the Level 2 Sports Leadership qualification. After the Easter holidays, students will start to look at the content involved for the Level 2 Btec Sport Award.	Students will learn what it takes to be an effective sports leader by planning, leading and evaluating their chosen sports leadership session.				Introduced to the content for the Level 2 Award in Sport.		
		Students are assessed in their planning, leading and evaluation of their chosen sports leadership session.				No formal assessment.		
<b>Notes:</b>			<b>Examination Specification:</b>			<b>Homework Portal:</b>		
						Further resources: subscriptions, websites, revision materials, additional reading.		