



Online Dance Review

24th April 2020

This class was hosted by Alice and Julia Carlile, live on Instagram. Although there is not a schedule to when they host these dance classes, they always give plenty of notice before they do. They have hosted 2 classes/live streams during quarantine.

This class was aimed at dancers of all abilities, however the choreography was very simple as it was hosted with the intentions of dancing for fun rather than for competitive, or performance reasons. The hosts are past Britain's Got Talent finalists from Merseyside who are bright and bubbly and very encouraging.

This dance class was very fun and enjoyable. It allowed me to let all of my energy out after being in lockdown for the past 4 weeks. The moves were not too difficult, which made the class very quick and more enjoyable as I was not stressing over not being able to do the movements. Although this dance class did not teach me any more moves, it helped me dance with sass and attitude when I am dancing the styles of street/commercial.

If you are fed up sitting or lying around all day, then I would recommend clearing the space, getting moving and enjoying this dance class.

By Briony (Year 11)