



Lateral Flow Testing at Home

Guidance and Support for Students and Families

We understand that the CV19 pandemic can cause additional worry. The lateral flow testing is a key part of our efforts to reduce infection by identifying asymptomatic cases.

The tests complement, but do not replace, other strategies to reduce the spread of the virus. We must continue to ensure high standards of hand and respiratory hygiene (catch it, bin it, kill it).

Whilst testing is not compulsory, we strongly encourage you to do this and help us make the school, and each other, as safe as possible.

We believe that a clear overview of the testing process will help ensure it is a quick, efficient and positive experience.

How does testing at home work?

- Home testing starts after completion of 2 supervised lateral flow tests in the school.
- Students will be issued with enough kits to be able to test twice a week, together with a set of instructions.
- Students aged 11 should have their test undertaken by an adult. Those aged 12-17 need to have their tests supervised by an adult.
- A recommended routine is to test 3-5 days apart with Sunday evening/Monday morning and Wednesday evening/Thursday morning suggested to cover the school week as fully as possible.
- This gap mirrors the viral load/replication pattern, so is best placed to pick up infectious cases.
- Further resources to support you in carrying out your test include:
 - [Video](#) that explains how to carry out a self-swab test (Innova nose and throat swab) or this [video](#) (nose-only swab test - Orient Gene) or this [video](#) for the Acon FLOWflex test).
 - “How to Do Your Test” leaflet.
 - These resources can be found in the lateral flow CV19 section of our [website](#).
- The OAT privacy notice is found on the lateral flow test page area of our [website](#). Check this before you carry out the test so you know how your data is used.
- By opening and completing the test, you are providing consent and committed to reporting your result to the NHS test and trace service.
- If you have previously tested positive for CV19 in the last 90 days, you **do not need to test** as immunity has likely been developed, unless you **develop new symptoms**. However, should you wish to engage with further testing, and test positive, you must then isolate. This position had previously changed. Should this change further, you will be advised.

- If your home test is **positive**, as the test is unsupervised, you need to **have a confirmatory PCR test** result.
- Report your result to the NHS Test and Trace Service. ([LINK](#))
- Report your result to the school by completing the online Google Form. This is also found on the lateral flow test page of our website.
- Any used testing equipment can be put in the normal household waste bin.
- If you are worried about the testing process, or are requesting additional support to complete them successfully, please contact the school. We continue to operate asymptomatic testing on site to support those who need assistance.
- If an incident occurs during testing at home:
 - Clinical issue/ problem using the tests:
 - Report it using: <https://coronavirus-yellowcard.mhra.gov.uk/> if immediate support isn't required.
 - Medical care should be sought through the usual route of contacting 111 or 999.
 - Non-clinical issue/ problem using the tests (e.g. missing/damaged equipment, unclear about how to do the test).
 - Call 119.
- Please also contact the school if you experience an issue.

Thank you for your commitment to support the school's lateral flow testing strategy so that we work together to make our community safer.